

# The Daily Tea



## Green Tea Oil

### INGREDIENTS

¼ cup grapeseed oil  
1.5 tablespoons Moroccan Mint Green Tea Blend

### DIRECTIONS

Heat ¼ cup grapeseed oil in small pot over low heat until it reaches 140 degrees (candy thermometer recommended - higher temperatures will burn the tea leaves). You should not hear sizzling when adding leaves to the oil.

Turn off the heat and add 1.5 tablespoons of the Moroccan Mint Green tea to the heated oil. Continuously stir the leaves in the oil for 3 minutes.

Remove from the burner and let cool completely. Strain the tea leaves and use right away or refrigerate in airtight container (for a faster chill, pop the brewed tea into the freezer).

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